



# *Looking For A Way Out*

*Addiction Treatment*

*And Education Resources*

*In Summit County*

This publication, produced by the **Business & Government Division of the Akron-Summit County Public Library**, is a guide to resources in Summit County, Ohio. It is for individuals seeking help with substance abuse and addiction. You may be looking for help for yourself or for a friend or family member. The needs are many but the number of places to turn is growing. Addiction is a complex and crippling condition. Navigating all of this can be confusing and exhausting. We hope this compilation will open some doors to finding help.

At Akron-Summit County Public Library, we also can be helpful in providing **reading material** which can help you to be better informed about the disease of addiction. We have many classic titles which may have been recommended to you as well as new materials as they become available. Books on this topic can primarily be found in the **Science and Technology Division** in the area of Dewey number **616.86** and in the **Business and Government Division** around the **362.29** area. Our branch libraries also have titles under these same Dewey numbers. Topics run the gamut of inspirational daily readers to books delving into the more scientific aspects of addictions. Do not hesitate ask a librarian for guidance in finding helpful materials.

It is our earnest hope that this guide will be helpful. **BUT please be aware!** This is a growing and changing field. Directly contact agencies listed in this guide for current information.

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**Akron-Summit County Public Library**

**Business & Government Division**

60 S. High St.

Akron, OH

44326

(330)643-9020

**Please Note**

These listings are not intended as recommendations of specific agencies nor can this be considered a complete list of resources. It is an evolving field and we hope to be able to update this informational guide periodically. Because of the current situation with abuse and addiction to pain pills and heroin, Summit County is developing resources which concentrate on this aspect of addiction. However, other drugs of abuse, including alcohol are being treated by these same institutions.

## ***The Hub for Treatment in Summit County***

### ***Alcohol, Drug Addiction, and Mental Health Services Board of Summit County***

This is Summit County Treatment Central! The ADM Board works with organizations in Summit County in the fields of alcohol/drug addiction and mental health. They support recovery by providing opportunities through education, treatment, prevention, and support services. ADM collaborates with many agencies and coordinates needed services. They are often a starting point for recovery.

1867 West Market Street  
Suite B2  
Akron, OH 44313

(330)762-3500  
(877)604-0006  
(330)252-3024 Fax  
<http://www.admboard.org>

### **Summit County Opiate Task Force**

Affiliated with the ADM Board, the Opiate Task Force is a group of individuals with a variety of viewpoints and talents which they bring to the ongoing task of fighting this epidemic. Visit their website to see what they do and the resources they offer.

<http://www.summitcountyopiatetaskforce.org/>

## ***Medically Supported Services***

### ***ADM Crisis Center***

The ADM Crisis Center provides an entry point for individuals to access treatment for alcohol and /or chemical dependency. It is operated in conjunction with Oriana House. The Detoxification Unit provides medically supervised inpatient services usually spanning 3-5 days. Clients may ask for admittance or may be referred by loved ones or a community agency, law enforcement or court. The Crisis Center also houses the Central Assessment Unit. Central Assessment provides chemical dependency evaluations with treatment recommendations and referrals. More than 1,000 people access services at the Crisis Center each year.

### **ADM Crisis Center /Oriana House**

15 Frederick Avenue  
Akron, OH 44310  
(330) 996-7730  
[http://www.orianahouse.org/programs/summit/crisis\\_center.php](http://www.orianahouse.org/programs/summit/crisis_center.php)

***Crisis Services available 24/7 at (330)996-7730***

**Please note: In view of the long waiting times for a bed in detox units, some agencies are now offering Outpatient Detoxification. Contact the facilities to see what they offer.**

Other facilities offering detoxification:

**Dobkin Center for the Treatment of Addiction**

Edwin Shaw Rehabilitation  
405 Tallmadge Road  
Cuyahoga Falls, OH 44221  
(330)436-0950

**Ignatia Hall**

Summa St. Thomas Hospital  
444 North Main Street  
Akron, OH 44310  
(330)379-5257

**Community Health Center**

Adolescent Treatment  
725 East Market Street  
Akron, OH 44305  
(330)434-4141

The Community Health Center offers a Daytime Detox Program for adolescents with continuing services after detox.

***Medical Intervention***

In the treatment of opioid addiction (which includes pain pills and heroin), there are supervised medical treatments available. Medications have come increasingly to the forefront as a component of the treatment of opioid addiction. Originally used as an aid in treatment of alcohol addiction, naltrexone is becoming more commonly used in Summit County. Administered by licensed dispensers, it is available in pill form or as a once-monthly injection (Vivitrol). Blocking opioid receptors in the brain, it has been shown to reduce cravings and aid in continued sobriety.

Other medications included in the treatment of addiction are buprenorphine (Suboxone) and methadone. Ideally these medications are used in conjunction with traditional psychological and social treatments like group or individual counseling, as well as involvement with a support meeting.

**Community Health Center**

725 East Market St.  
Akron, OH 44305  
(330)434-4141

<http://www.commhealthcenter.org/>

The Community Health Center describes itself as “a health care agency providing critical care to those fighting addiction”. They provide a wide gamut of services. The Community Health Center has a MAT, or Medically Assisted Treatment Program. Opioid dependent individuals who qualify may be prescribed medications as an element of their treatment plan.

**Ignatia Hall**

Summa St. Thomas Hospital  
444 North Main St.  
(330)379-9841

<http://www.summahealth.org/medicalservices/behavioral/aboutourservices/outpatient-services/intensive-outpatient-programs/ignatiahall>

Ignatia Hall, housed in Summa St. Thomas Hospital, offers a specialized Opiate Treatment Program which may include medical intervention as a component of their treatment program. Patients are screened for admission to this program.

**Dobkin Center for the Treatment of Addiction**

(330)436-0950

[http://www.akrongeneral.org/portal/page/portal/AGMC\\_PAGEGROUP/Clinical\\_services/EDWIN\\_SHAW\\_REHAB/Rehab\\_Services/ESR\\_Chemical\\_Dependency\\_Residency](http://www.akrongeneral.org/portal/page/portal/AGMC_PAGEGROUP/Clinical_services/EDWIN_SHAW_REHAB/Rehab_Services/ESR_Chemical_Dependency_Residency)

The Dobkin Center is part of the Edwin Shaw Rehabilitation Institute. Individual assessment is the first step followed by treatment recommendations from an interdisciplinary team. They also employ medications as a treatment component when deemed appropriate.

**Rigel Recovery Services**

37 North Broadway  
Akron, OH 44308  
(330)535-8181 Ext 408

<http://rigelrecovery.org/>

Offering a full range of services including assessment, counseling and aftercare, Rigel includes a medically assisted component in their treatment of opioid addiction.

**Project Dawn**

<http://www.summitcountyopiatetaskforce.org/project-dawn>

Family members, concerned friends and medical personnel have access to a valuable tool to combat overdose. Naloxone, administered in a timely manner, can reverse the effects of opioids. Project DAWN (Deaths Avoided With Naloxone) is a community-based naloxone distribution and education program. There are two area **Project DAWN** clinics. These locations are:

**Summit County Public Health**

1867 West Market Street  
Akron, OH 44313  
(330)375-2984

**Edwin Shaw Rehabilitation**

405 Tallmadge Road  
Cuyahoga Falls, OH 44221  
(330)436-0950

**Addiction Medicine Specialists**

Doctors can be certified as specialists in Addiction Medicine. There are also psychiatrists who are specialists in this area. Check with your primary care doctor and/or your insurance carrier for professionals who practice Addiction Medicine.

## ***Outpatient Treatment***

Outpatient therapy for addiction or substance abuse is offered through a number of agencies in Summit County. Outpatient treatment allows the client to continue living at home. It is hoped that the client will gain insight into reasons for their behaviors and develop coping skills. The length of time in treatment depends on the client's needs. Referral to an outpatient program often follows an assessment. Many of these same agencies also offer assessment. Some offer medically supervised detox programs. Agencies offering outpatient therapy include:

### **Oriana House**

Administrative Office

P.O. Box 1501

Akron, Ohio 44309

(330) 535-8116

(330) 996-2233 Fax

<http://www.orianahouse.org/>

Oriana House offers outpatient substance abuse treatment at a number of different facilities in Summit, County and the surrounding area. Their services in the field of addiction are varied.

### **Community Health Center**

(330)434-4141

### **Ignatia Hall**

(330)379-9841

### **Akron UMADAOP**

665 W. Market St.

Akron, OH 44303

(330)379-3467

<http://www.akronumadaop.com/treatment.htm>

Akron UMADAOP offers a wide gamut of services which aid the community and strengthen families. Their Clinical Services Department is a source of counseling for alcohol and drug dependence.

### **Dobkin Center for the Treatment of Addiction**

(330)436-0950

### **Packard Institute**

461 West Market Street

Akron, OH 44303

(330)762-4357

<http://thepackardinstitute.com/>

In existence since 2007, the Packard Institute serves teens and young adults burdened with addiction and mental health issues. The services offered are wide and holistic. As well as outpatient treatment and counseling, there is a residential component as a possibility. Packard Institute's approach includes creativity, community, and outdoor activities.

### **Private Counseling**

If you have insurance coverage or perhaps an Employee Assistance Program through your workplace, you may want to explore the possibility of seeing a private therapist with a specialized interest in alcohol/substance abuse counseling. Contact your insurer or EAP provider.

Also, if you have concerns about your own use of alcohol, drugs, or other addictive behaviors-or the behaviors of a loved one, you may want to speak to your family doctor for a referral to a private therapist. This can be a helpful step, whether you have concerns about yourself or need to speak to someone about your relationship with a person with addictive behaviors. "Addiction is a family disease" and its effects are widespread.

### ***Residential Treatment***

When people think of drug treatment or "rehab", they often think of residential treatment. The patient is required to live at the facility for perhaps 1-3 months, or sometimes longer. Being there full-time allows for a more intensive treatment program. Without outside distractions, the individual is free to concentrate more fully on recovery.

Access to an inpatient program can depend on insurance coverage, or the ability to pay. Some programs are publically funded but admission may be based on referral from other agencies and waiting lists are often long. Unfortunately, the need for these services is far greater than their availability. If an individual is serious about admission to an inpatient facility, many phone calls may need to be made. Because waiting lists may be long, outpatient counseling or some other supportive plan may be advisable while waiting.

#### **Interval Brotherhood Home**

3445 South Main Street  
Akron, Ohio 44319  
(330)644-4095

<http://www.ibh.org/>

The IBH offers a serene home-like setting. The treatment program is abstinence-based and holistic, employing certified professional treatment hand in hand with an emphasis on mutual aid and community. Many employees and volunteers are themselves members of the recovery community.

#### **RAMAR**

##### **Rocco Antenucci Memorial Adult Residential Center**

380 South Portage Path  
Akron, Ohio 44308  
(330)315-4901

<http://www.commhealthcenter.org/residential-treatment/>

Affiliated with the Community Health Center, RAMAR offers counseling, medical services, and other therapeutic activities as part of treatment. This affiliation helps facilitate a smooth transition to other appropriate programs after a residential stay.

### **Also**

There are additional residential treatment centers in the surrounding area. Insurance coverage varies so check with your insurer to help determine your options.

## ***Sober Living Environments***

**Recovery housing** can be a valuable step in progress from the addiction lifestyle to a life of sobriety. Ohio is moving toward more oversight of these facilities. ORH or Ohio Recovery Housing is a professional association providing education, oversight and support to housing providers. The ORH website provides listings of homes which meet their criteria.

### **Ohio Recovery Housing**

35 East Gay Street

Suite 401

Columbus, OH 43215

(614)228-0747

<http://www.ohiorecoveryhousing.org/#!search-survey/c1aet>

There are facilities in the area which are not affiliated with ORH. They may or may not offer quality housing. Membership in Ohio Recovery Housing demonstrates a desire by the housing provider to meet established standards.

## ***Recovery Support***

Support and self-education are important components of treating addiction and preventing relapse. Akron can be proud of its place in 12 Step history and many of these groups follow the 12 Step Model. Some take other approaches. Most important is to seek out helpful resources and use them. Recovery is an ongoing process. Supportive groups are valuable for the recovering addict and for family members and loved ones. Check with local offices or group websites to find meetings convenient to you.

### **Alcoholics Anonymous**

Akron Area Intergroup Council

775 North Main St.

Akron, Ohio 44310

(330)253-8181

<http://www.akronaa.org/>

### **Cocaine Anonymous**

Akron District

(330)375-0775

<http://www.caohio.org/index.htm>

### **Narcotics Anonymous**

Western Reserve Area

(330)678-7564

<http://www.wrascna.org/>

### **Drug Addicts Anonymous USA**

<http://daausa.org/Welcome.html>



**Smart Recovery**

Self-Management and Recovery Training

1-866-951-5357

<http://www.smartrecovery.org/>

**Heroin Anonymous**

<http://www.heroinanonymous.org/>

**Celebrate Recovery**

<http://www.celebraterecovery.com/>

**Akron Al-Anon (includes AlaTeen)**

(330)645-1165

<http://www.afg-akron.org/>

**Nar-Anon Family Groups**

1-800-477-6291

<http://nar-anon.org/naranon/>

**Family Matters**

An educational program offered to friends and family of Oriana House clients, Family Matters operates on the concept that addiction affects the entire family. Registration is requested.

(330)996-2222

<http://www.orianahouse.com/media/brochure/FamilyMatters.pdf>

**Some Other Options**

As the recovery community expands and recognition of the value of mutual support is shown, more settings for mutual aid are developing.

Many **places of worship** serve as venues for 12 step meetings. As well as serving this function, many are now adopting recovery support as part of their ministries. You may find one of these groups a good resource. Groups may be designed to serve the recovering individual or friends and family. A noteworthy example in Akron is the **Community Church of Christ** which devotedly serves those in recovery. At 834 Grant Street, their web address is <http://www.communityofchristchurch.com/> and their phone number is (330)253-8803. There are many other religious organizations in the area which also provide a variety of services.

**Online groups** are a possibility. Social networking is an obvious setting for discussion and support. AA, AlAnon, and others have online meetings. Facebook participants may find a specialized group to join through that social network.

**Recovery coaches**, sometimes referred to as **peer supporters**, are receiving recognition as a valuable resource. They operate as mentors and advisors to people in recovery and draw from their own experience. Many recovery coaches work with an existing agency. Others work privately with a client.

## ***The Legal System***

Legal issues often go hand in hand with substance abuse and addiction. As our legal system strives to provide a more caring response and not strictly punishment, new approaches are being tried. Local legal initiatives include:

**Akron Municipal Drug Court**, a collaboration of Akron Municipal Court and Oriana House.  
330-375-2760  
[https://courts.ci.akron.oh.us/programs/drug\\_court.htm](https://courts.ci.akron.oh.us/programs/drug_court.htm)

**Turning Point** (formerly Summit County Court of Common Pleas Felony Drug Court)  
330-643-7844  
<http://www.summitcpcourt.net/Programs/TurningPointProgram/Pages/TurningPoint1.aspx>

**Family Reunification Through Recovery Court (FRCC)**  
Summit County Juvenile Court in conjunction with Summit County Children Services (SCCS).  
(330)643-2900

**Intervention In Lieu of Conviction (IILC)**  
This legal process is used in local courts. The following link describes the process in Summit County Court of Common Pleas.  
<http://www.summitcpcourt.net/Programs/Pages/InterventionInLieu.aspx>

**Oriana House  
Community Corrections**  
(330)535-8116  
<http://www.orianahouse.org/about/locations.php>

A large and diversified agency, Oriana House provides correctional facilities and programs with the stated goal of reducing crime. Depending on the mission of the particular facility, they may also provide counseling, education, and chemical dependency treatment.

## ***State and Federal Government Resources***

**Ohio Mental Health and Addiction Services**  
<http://mha.ohio.gov/>

**Ohio Department of Health/Healthy Ohio  
Drug Overdose in Ohio**  
<http://www.healthy.ohio.gov/vipp/drug/dpoison.aspx>

**Substance Abuse and Mental Health Services Administration**  
<http://www.samhsa.gov>

**SAMSHA Recovery Support**  
<http://www.samhsa.gov/recovery/>

**Medline Plus**, a Service of the U.S. National Library of Medicine and the National Institute of Health  
Drug Abuse

<http://www.nlm.nih.gov/medlineplus/drugabuse.html>

**NIH National Institute on Drug Abuse**

<http://www.drugabuse.gov/>

## ***Special Populations***

Every addict has their own unique story and every addict has something in common with other addicts. There are certain populations may benefit from specialized treatment and there are agencies and programs designed to serve them in unique ways. This is not an exclusive list of agencies offering specialized support. Included are some of those emphasizing service to these groups.

### **Adolescents**

Community Health Center  
Adolescent Treatment Program  
(330)315-3789

Packard Institute  
(330)762-4357

Dobkin Center for Treatment of Addiction  
(330)436-0950

### **Females**

Community Health Center  
Women's Recovery Program  
(330)315-3747

### **Older Adults**

Mature Services  
Avenues to Recovery  
(330)253-4597