

Books for You and Your Baby



a resource guide
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Akron-Summit County Public Library



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Public Library

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BREASTFEEDING

The American Academy of Pediatrics New Mother's Guide to Breastfeeding by Joan Younger Meek
649.33 Am512m

Baby-Led Breastfeeding: Follow Your Baby's Instincts for Relaxed and Easy Nursing by Gill Rapley
649.33 R218b

Breastfeeding Made Simple: Seven Natural Laws for Nursing Mothers by Nancy Mohrbacher
649.33 M699b

The Breastfeeding Mother's Guide to Making More Milk by Diana West
649.33 W517br

The Complete Book of Breastfeeding
by Sally Wendkos Olds
649.33 OI44co

The Complete Guide to Medications During Pregnancy and Breastfeeding: Everything You Need to Know to Make the Best Choices for You and Your Baby
by Carl Weiner
618.3268 W423c

The Womanly Art of Breastfeeding by Diane Wiessinger
649.33 W652w

BABY NUTRITION

The Baby Bistro: Child-Approved Recipes and Expert Nutrition Advice for the First Year by Christina Schmidt
641.5622 Sch349b

Baby Knows Best: Preventing Childhood Obesity from Day One by Herbert Goldman
649.3 G619b

Beautiful Babies: Nutrition for Fertility, Pregnancy, Breastfeeding, & Baby's First Foods by Kristen Michaelis
618.242 M621b

Bountiful Baby Purees: Create Nutritious Meals for Your Baby with Wholesome Purees Your Little One Will Adore-Includes Bonus Recipes for Turning Extra Puree Into Delicious Meals Your Toddler, Kids, and Whole Family Will Love by Anni Daulter
641.3008 D239b

Feed Yourself, Feed Your Family by La Leche League International
641.302 F295

Feeding Baby Green: The Earth Friendly Program for Healthy, Safe Nutrition During Pregnancy, Childhood, and Beyond by Alan Greene
618.92 G799fe

The Nourishing Traditions Book of Baby and Child Care by Sally Fallon Morell
649.122 M841n

Starting Solids: What to Feed, When to Feed, and How to Feed Your Baby by Annabel Karmel
641.5622 K18s

What to feed your baby: Cost-conscious nutrition for your infant by Stanley Cohen
618.9202 C678w



BABY CARE & PARENTING

**100 Things I Wish I Knew in My Baby's First Year:
Keys to Making Parenting Easier and Baby Happier**

by Randy Dean

649.1 D282o

**1001 Healthy Baby Answers: Pediatricians' Answers
to All the Questions You Didn't Know to Ask**

by Gary Morchower

618.9202 M833on

**The 24/7 Baby Doctor: A Harvard Pediatrician
Answers All Your Questions from Birth to One Year**

by Victoria Rogers McEvoy

618.9202 M142tw

**Baby Day By Day: In-Depth, Daily Advice on Your Baby's
Growth, Care, and Development in the First Year**

649.122 B115b

**Baby 411: Clear Answers & Smart Advice for Your
Baby's First Year** by Denise Fields

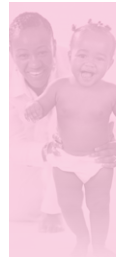
649.122 B877b

**Brain Rules for Baby: How to Raise a Smart and Happy
Child from Zero to Five** by John Medina

649.1 M491b

**The Business of Baby: What Doctors Don't Tell You,
What Corporations Try to Sell You, and How to Put Your
Pregnancy, Childbirth, and Baby Before Their Bottom
Line** by Jennifer Margulis

649.1 M331b



Calm the Crying: The Secret Baby Language That Reveals the Hidden Meaning Behind an Infant's Cry

by Priscilla Dunstan

649.122 D926c

Caring for Your Baby and Young Child: Birth to Age 5

by Steven Shelov

618.9202 C277

Cherish the First Six Weeks: A Plan That Creates Calm, Confident Parents and a Happy, Secure Baby

by Helen Moon

649.122 M818c

Coming Home from the NICU: A Guide for Supporting Families in Early Infant Care and Development

by Kathleen VandenBerg

618.9201 V227c

Coping with Crying and Colic: An Easy-to-Follow Guide

by Siobhan Mulholland

649.122 M956c

Dude, You're a Dad! How to Get (All of You) Through Your Baby's First Year

by John Pfeiffer

649.123 P526d

Dr. Spock's Baby and Child Care

by Benjamin Spock

649.1 Sp762d

Heading Home with Your Newborn: From Birth to Reality

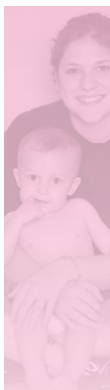
by Laura Jana

649.122 J33h

Mayo Clinic Guide to Your Baby's First Year

edited by Walter Cook

649.122 M473



On Becoming Baby Wise, Book Two: Parenting Your Five to Twelve-Month Old Through the Babyhood Transition by Gary Ezzo

649.122 Ez99bw

One Year to an Organized Life with Baby: From Pregnancy to Parenthood, the Week-By-Week Guide to Getting Ready for Baby and Keeping Your Family Organized by Regina Leeds

649.122 L484o

Stop Second-Guessing Yourself--Baby's First Year: A Field-Tested Guide to Confident Parenting by Jen Singer

649.122 Si617st

Twin Sense: A Sanity-Saving Guide to Raising Twins -- From Pregnancy Through the First Year

by Dagmara Scalise

649.144 Sc282t

Your Baby's First Year Week by Week by Glade B. Curtis

649.122 C978y

PRODUCT GUIDES

Baby Bargains: Secrets to Saving 20% to 50% on Baby Furniture, Equipment, Maternity Wear and Much, Much More by Denise and Alan Fields

649.122 F461b

The Baby Cheapskate Guide to Bargains: How to Save on Blankets, Bottles, and Everything Baby

by Angela Wynne

640.73 W988b

Changing Diapers: The Hip Mom's Guide to Modern Cloth Diapering by Kelly Wels
649.122 W458c

Complete Book of Baby Bargains: 1,000 Best Ways to Save Money Every Day by Kimberly Danger
649.122 D182co

WEBSITES

American Academy of Pediatrics www.aap.org

BabyCenter www.babycenter.com

KidsHealth www.kidshealth.org

La Leche League International www.lalecheleague.org

MedlinePlus: Infant and Newborn Care
www.nlm.nih.gov/medlineplus/infantandnewborncare.html



