



Stop Smoking and Get Moving

Saturday, March 8, 2014

1 pm Meeting Room 3

Pharmacist's Tool Box

A pharmacist from Klein's Pharmacy presents an assortment of tools and products to help curb your craving for tobacco.

2:15 pm Meeting Room 2AB

Audience-favorite **Pete Gladden** returns to Main Library to demonstrate ways to add more movement to your day. Smokers and non-smokers alike will love his program. Wear your exercise gear and join us for this workout. This class will meet in Meeting Room 2 on the High Street Level.



**Akron-Summit County
Public Library**

330-643-9075

Science & Technology Division
60 S. High Street, Akron, OH 44326
www.akronlibrary.org

Interpretive services are available. Please inquire.

ST-6344/300/1-14/pp