



Can, Clip, Cluck!

I want to know more!

Sustainable Living:

DIY Projects for the Self-Sufficient Homeowner: 25 Ways to Build a Self-Reliant Lifestyle. Matheson, Betsy. **643.7 M427d**

Storey's Basic Country Skills: A Practical Guide to Self-Reliance. Storey, M. John. **640.9173 St884sb**

The Everything Guide to Living Off the Grid: a Back-to-basics Manual for Independent Living. Reid, Terri. **640 R358eL**

Urban Homestead: Your Guide to Self-Sufficient Living in the Heart of the City. Coyne, Kelly. **640 C881ur**



Canning & Other Types of Food Preservation:

Ball Blue Book. **641.4 B187b**

The Complete Guide to Preserving Meat, Fish, and Game: Step-by-Step Instructions to Freezing, Canning and Smoking. Oster, Kenneth V. **641.42 Os85c**

The Complete Root Cellar Book: Building Plans, Uses and 100 Recipes. Maxwell, Steve. **641.452 M465c**

The Everything Canning & Preserving Book: All You Need to Know to Enjoy Natural, Healthy Foods Year Round. Telesco, Patricia. **641.4 T269ev**

Preserving Food Without Freezing or Canning: Traditional Techniques Using Salt, Oil, Sugar, Alcohol, Vinegar, Drying, Cold Storage, and Lactic Fermentation. **641.4 P933M**

The Solar Food Dryer: How to Make and Use Your Own High-Performance, Sun-Powered Food Dehydrator. Fodor, Eben. **641.44 F653so**

Ohio State University Ohioline <http://ohioline.osu.edu/lines/food.html>

USDA Home Canning Guide www.uga.edu/nchfp/publications/publications_usda.html

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Coupons & Other Money Saving Tips:



The Coupon Mom's Guide to Cutting Your Grocery Bills in Half: The Strategic Shopping Method Proven to Slash Food and Drugstore Costs. Nelson, Stephanie. **640.73 N431c**

Cut Your Grocery Bills in Half with America's Cheapest Family: Includes So Many Innovative Strategies You Won't Have to Cut Coupons. Economides, Steve. **641.31 Ec19cu**

How to Shop for Free: Shopping Secrets for Smart Women Who Love to Get Something for Nothing. Spencer, Kathy. **640.73 Sp745h**

Pick Another Checkout Lane, Honey: Save Big Money & Make the Grocery Aisle Your Catwalk! Demer, Joanie. **380.145 D376p**

Supershop Like the Coupon Queen: How to Save 50% or More Every Time You Shop. Samtur, Susan J. **641.31 Sa193s**

Summit County Office of Consumer Affairs
www.co.summit.oh.us/conaffairs.htm

Keeping Chickens:

Art of the Chicken Coop: A Fun and Essential Guide to Housing Your Peeps. Gleason, Chris. **636.5083 G554a**

Chick Days: An Absolute Beginner's Guide to Raising Chickens from Hatchlings to Laying Hens. Woginrich, Jenna. **636.5 W845ch**



Chicken Coops: 45 Building Plans for Housing Your Flock. Pangman, Judy. **636.5083 P191c**

Choosing and Raising Chickens. Hobson, Jeremy. **636.5H684ch**

The Chicken Whisperer's Guide to Keeping Chickens: Everything You Need to Know . . . and Didn't Know You Needed to Know About Backyard and Urban Chickens. Schneider, Andy. **636.5**

The Field Guide to Chickens. Percy, Pam. **636.5 P432f**

Ohionline Poultry Information Factsheets
<http://ohionline.osu.edu/lines/stock.html#Poultry>

Our Presenters:

Heather Walters, Basket of Life Farm, www.basketoflifefarm.com

Lisa and Sara Steigerwald, Sisters Shopping on a Shoestring,
www.sistersshoppingonashoestring.com

John Anderson, Ohio State University Agricultural Technical Institute, <http://ati.osu.edu/>