



Can, Clip, Cluck!

Tools for the Self-Sufficient Life

Mondays, September 12, 19, 26, 6:30 pm.

Learn food preservation, coupon clipping tips, and techniques to raising backyard chickens in this informative series geared to the do-it-yourselfer.

September 12: Can!

your garden's bounty, or whatever you score at the farmers' market. Heather Walters from Basket of Life Farm in Peninsula demonstrates food preservation techniques, including canning, freezing, and dehydrating. Discover how to stock your pantry with home-grown goodness.

September 19: Clip!

those coupons and chop your grocery tab. The "Coupon Sisters," Sara and Lisa Steigerwald, of "Sisters Shopping on a Shoestring" share some of their amazing methods for getting the most from manufacturers' coupons and in-store specials.

September 26: Cluck!

along and join the flock. A backyard chicken coop may be the dream of those seeking self-sufficiency. John Anderson from the Ohio State University Agriculture and Technical Institute in Wooster will discuss the ins and outs of keeping your fowl feeling fine.



330-643-9075

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