

# Library Events for Adults

North Hill Branch Library  
**Summer 2015**



## MIND, BODY & SOLE

READ AT YOUR OWN PACE JUNE 8 - AUGUST 8, 2015

Mind, Body & Sole is a reading/wellness experience for the whole family to enjoy.



### How the program works:

1. Fill out a registration card at your library and receive your reading and exercise log and program flyer.
2. Read 30 minutes today. Check off a box on your reading log.  
You will win a prize, or be entered into a prize drawing, at each of these reading milestones: 10 days, 26 days, 40 days, 50 days, and 60 days.
3. Choose to be active also! Run/walk 26 miles (or 52,000 pedometer steps), record your accomplishment on your exercise log, AND read 26 days and you will receive a Mind, Body & Sole T-shirt. Fill out the entry form at the bottom of your exercise log to also be entered into our end-of-summer Grand Prize Drawing to be held August 24. (If a pedometer cannot record your movement activity, log ½ hour of activity as one mile.)

Find out more at [mbs.akronlibrary.org](http://mbs.akronlibrary.org)  
or contact your local library.



## Adult Programs

### North Hill Needle Crafters

Mondays, June 1 – August 31, 10:15 am

If you love to knit, crochet, and help others, this is the group for you. Are you new to crafting? We'll be glad to help you get started. If you have yarn or supplies to donate, we will put them to good use!

### Mind, Body & Sole Ice Cream Social

Wednesday, June 10, 2-3 pm

Let's kick off summer with ice cream sundaes courtesy of the North Hill Friends of the Library. While you are here, take a moment to register for our Mind, Body & Sole reading program.

### North Hill Friends of the Library

#### Book Sale Preview

Saturday, June 13, 8:30-10 am

Shop early for the best selection! You must be a member of the Friends of the Library to attend. Friends' memberships will be available for purchase at the door.

### North Hill Friends of the Library

#### Book Sale

Saturday, June 13, 10 am-3 pm

Great deals on books, movies, and music for the entire family! Dealers welcome!

More programs continued on back

# North Hill Branch Library

## Summer 2015



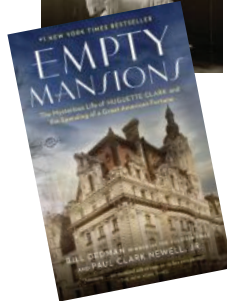
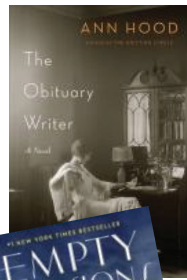
### Evening Book Discussions

**Mondays, June 8, August 3, 6:30 pm**

Books will be available for check out at the service desk one month prior to the discussion.

**June 8** – THE OBITUARY WRITER  
by Ann Hood

**August 3** – EMPTY MANSIONS  
by Bill Dedman



### Evening Book Discussion Summer Movie Night

**Monday, July 6, 5:30 pm**

Join us for pizza and a movie.

Please call to register beginning June 8.

### Container Gardening With Cathy Morgan

**Monday, June 15, 6:30 pm**

Make a beautiful floral container garden to take home. Please call to register for this program beginning June 8. Program is limited to 15 participants.

### Garden to Table with Chef Sarah

**Monday, June 22, 6:30 pm**

Join Chef Sarah as she shares recipes and tips for using the produce from your garden or the farmers' market. As always there will be recipes and tastings to share. Please call to register for the program beginning June 8.



### Gentle Yoga With Nia

**Mondays, June 29, July 13, 27, August 10, 24, 6:30 pm**

Be led in warm-up stretches and breathing exercises, move through yoga poses with the help of a chair, end sessions with music and nature sounds. Please bring a yoga mat or a beach towel and a water bottle. Please call to register for the program beginning June 8. Program is limited to 15 participants.

### Concerts in the Garden

**Thursdays, 6:30 pm**

Bring your family, friends, a lawn chair or blanket, and enjoy some great entertainment. Concerts will take place in our Community Room in case of rain.

**July 9** – Wandering Aesthetics Theatre featuring Kyle Josza - Scared Silly: An Interactive Spooky Stories Performance!

**July 16** – Weeping Barista – the song stylings of Ray Carmen and Jim Weiser

### Free Computer Classes

@ North Hill Branch Library! **2 pm**

All classes are free and hands-on. Classes are limited to 15 participants. We recommend that you arrive at least one-half hour before classes are scheduled to begin to obtain a ticket.

**Monday, August 17** – Internet, Part 1: An Introduction

**Tuesday, August 18** – Internet, Part 2: Searching, Printing, and Favorites


**Wednesday, August 19** – Introduction to Facebook

**Thursday, August 20** – Introduction to Pinterest

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[www.makerfaireakron.com](http://www.makerfaireakron.com)



## Akron-Summit County Public Library

**330-535-9423**

North Hill Branch Library  
183 E. Cuyahoga Falls Ave., Akron, Ohio 44310  
[www.akronlibrarv.org](http://www.akronlibrarv.org)

