

MULTICULTURAL OBSERVANCES

A Guide to Resources at the
Akron-Summit County Public Library



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CultureGrams SREF 909.83 C968w

Also available as a database through the Library Web site:
<http://www.akronlibrary.org/databases/culturegram.html>
Detailed cultural information on more than 200 countries and a view of daily life around the world.

Matlins, Stuart, ed.

How to be a Perfect Stranger: the Essential Religious Etiquette Handbook

291.38 H847m

Information that enables guests to feel comfortable, participate to the fullest extent possible, and avoid violating anyone's religious principles, while enriching their own spiritual understanding.

Rosen, Mike

Winter Festivals

394.2683 R813w

Illustrated descriptions of festivals from Pongol to Chinese New Year.

African American

Angaza, Maitefa

Kwanzaa: From Holiday to Everyday.

394.2612 An581k

A complete guide for making Kwanzaa a part of your life.

Curtis, Dorothy L

The Celebration of Kwanzaa

394.268 C98c

Reveals the rich heritage contained in this relatively, new tradition.



Gamble-Gumbs, Ida

How to Plan a Kwanzaa Celebration: Ideas for Family, Community and Public Events

394.261 G191h

Information on the origin of Kwanzaa, the seven principles, the symbols, plus recipes and fashion ideas.

Karenga, Maulana

The African American Holiday of Kwanzaa: A Celebration of Family, Community & Culture

394.268 K18a

Kwanzaa was created by Dr. Maulana Karenga in 1966. It is a seven-day holiday, celebrated from December 26 – January 1.

Copage, Eric V

Fruits of the Harvest: Recipes to Celebrate Kwanzaa and other Holidays

641.568 C781fr

Learn how people of African descent celebrate the best their cultures have to offer through food and communion.

Harris, Jessica B.

A Kwanzaa Keepsake: Celebrating the Holiday with New Traditions and Feasts

641.586 H314k

A guide that celebrates and affirms the African-American heritage and culture with new family traditions and feasts.

Sounds of Kwanzaa (on CD)

CDH So72447

Twelve songs that celebrate the Kwanzaa principles.

Kwanzaa (on DVD)

DVDNF 394.2612 K98

Traditional West African drums, spirited dances, colorful candles and traditional clothes introduce young viewers to Kwanzaa.

Ekulona, Ademola

Kwanzaa: a Cultural Celebration (Video)

VH 394.261 K981

Several presenters explain the symbols, gifts, values, celebration and history of the harvest festival Kwanzaa.

The Official Kwanzaa Website

www.officialkwanzaawebsite.org

Buddhism

Chodron, Thubten

Buddhism for Beginners

294.3 C54b

Covers the most fundamental questions and issues that arise in the minds of Western individuals who are new to this tradition of practical spirituality.

Erricker, Clive

Buddhism

294.307 Er72b

Provides in-depth coverage of the diversity of Buddhism and Buddhist practices.

Farrar-Halls, Gill

Illustrated Encyclopedia of Buddhist Wisdom

294.3 F245i

A stunning, full-color introduction that clearly explains Buddhism as a way of life and state of mind.

Powers, John

Introduction to Tibetan Buddhism

294.3923 P888i

An authoritative introduction to Tibetan Buddhism, covering a wide range of topics including history, doctrines, meditation practices, schools, religious festivals, and major figures.

St, Ruth, Diana

Theravada Buddhism

294.3 St151t

Presents engaging descriptions of the key concepts, beliefs and practices.

Seager, Richard

Buddhism in America

294.3097 Se438b

Perceptive portrait of Buddhist traditions and practices that have been brought to the U. S. from Japan, Tibet, and Southeast Asia.

Music From the roof of the World: Tibet, Nepal (on CD)

CDP N9945mu

Sacred ceremonies, chants.

Sacred Temple Music of Tibet (on CD)

CDP Sa123

Music and rituals.



Penney, Sue

Buddhism

(Children's Library) JNF 294.3 Pr13p

Explore Buddhism's holy books and religious teachings. Learn about major festivals, celebrations, and rites of passage.

The Call of the Flute (on Video)

Video 915.4 C156

A fascinating journey to religious festivals and breathtakingly beautiful temples in India and Nepal. Experience the sights and sounds of the Dharmasthala festival, the Taj Mahal, Swayambhunath and Pashupatinath Temples of Kathmandu, the Shivaratri festival, and Buddhist Stupas in Kathmandu.

Chinese

Chai, May-lee

China A to Z: Everything you Need to Know to Understand Chinese Customs and Culture

951 C434c

An engaging friendly introduction to contemporary Chinese society as well as its venerable history, includes festivals and popular culture.

Chambers, Catherine

Chinese New Year

(Children's Library) JNF 394.261

C444c

Describes the traditions, ceremonies, and foods associated with the celebration of the Chinese New Year.



Gleason, Carrie

Chinese New Year

(Children's Library) JHOLI 394.261 G554c

Chinese people follow certain traditions to make sure they have a lucky new year.

Gunde, Richard

Culture and Customs of China

951 G975c

Up-to-date and written with warmth, eloquence and authority, coverage includes holidays, leisure activities, housing, family, food and clothing.

Otto, Carolyn

Celebrate Chinese New Year

(Children's Library) JHOLI 394.261 Ot91c

Fireworks, parades, lanterns, presents, and feasts: these are some of the joys experienced by all who observe Chinese New Year.

Welch, Patricia Bjaaland

Chinese New Year

394.261 W441c

Provides a complete introduction and guide to the celebration of the Lunar New Year, describing its origins and practices such as holiday greetings, gift-giving, and food.

Lo, Eileen Yin-Fei

Mastering the Art of Chinese Cooking

641.5951 L1795ma

Recipes include a menu for a lunar New Year banquet.

Simonds, Nina

Chinese Seasons

641.5951 Si54c

Recipes coordinated with the seasonal calendar, including a Chinese New Year's Banquet.

Chinese New Year (on DVD)

DVDNF 394.261 C539

Shows the sights and sounds of a traditional Chinese New Year celebration.

Christianity

Chalmers, Irena

Great American Christmas Almanac: A Complete Compendium of Facts, Fancies, and Traditions

394.2682 C438g

Santa, Christmas cards, poinsettias, gift giving and what they all have to do with Christmas.

Marling, Karal Ann

Merry Christmas!: Celebrating America's Greatest Holiday

394.2663 M348m

Imaginatively researched and strewn with surprising details, an engaging cultural history.

Restad, Penne L.

Christmas in America: a History

394.2663 R436i

Presents a fascinating reflection of our changing society by displaying how we celebrate this holiday.

Swindoll, Charles R.

A Bethlehem Christmas: Celebrating the Joyful Season

232.92 Sw978b

An engaging retelling of the first Christmas story, provides biblical insight to bring the nativity to life.

Tucker, Cathy

Christmas Worldwide: A Guide to Customs and Traditions

394.2663 T891cw

From Boxing Day to St. Nicholas Day to Epiphany, an enjoyable look at Christian celebrations around the globe.

Very Merry Christmas Cookbook

641.568 G652v

Recipes and decorations to entertain for this holiday.

Songs 4 Worship: Christmas (on CD)

CDH So698644c

A compendium of traditional Christmas carols.

Sheridan Ball Singers

50 most loved Christmas carols (on CD)

CDH Sh552f

Instrumental as well as vocal, the traditional songs of the season.



Hinduism

Contemporary Hinduism: Ritual, Culture, and Practice

294.5 C761R

An examination of the contemporary practices, beliefs, and issues of one of the world's oldest and most enduring religions.

Flood, Gavin

An Introduction to Hinduism

294.5 F631in

The history of Hindu religious traditions.

Jones, Constance

Encyclopedia of Hinduism

294.503 J76en

Covers the major tenets, practices and people of the Hindu religion.

Rosen, Steven J.

Essential Hinduism

294.5 R813es

The fundamentals of the Hinduism, including dharma, the Vedas, festivals and holidays.

What is Hinduism? Modern Adventures into a Profound Global Faith

294.5 W555H

A look at the world's most venerable and vibrant religion.

Ganeri, Anita

Hindu Festivals Throughout the Year

(Children's Library) JHOLI 294.5 G196h

From Pongal to Divali, colorful photographs, traditional prayers, and fun activities bring the festivals to life.

Heiligman, Deborah

Celebrate Diwali

(Children's Library) JHOLI 294.536 H466c

Diwali is a major Indian holiday also known as The Festival of Lights which symbolize the triumph of good over evil. Includes recipe for "Vasu's Peda."

MacMillan Dianne M.

Diwali – Hindu Festival of Lights

(Children's Library) JHOLI 294.536 M167d

Explores the Hindu religion, the stories of Rama and Vishnu, the origins of Diwali, and how the holiday is celebrated today.

Penney, Sue

Hinduism

(Children's Library) JNF294.5 P413h

What does the festival of Divali celebrate? Discover the rich cultural background behind this major world religion.

Torpie, Kate

Diwali

(Children's Library) JHOLI 294.536 T693d

The 'Festival of Lights' is one of the most popular festivals in the Hindu calendar.

Islam

Bakhtiar, Laleh, ed.

Ramadan: Motivating Believers to Action, an Interfaith Perspective

297.362 R165

A collection of articles by famous Muslims, divided into the traditional threefold method of spiritual healing.

Campo, Juan

Encyclopedia of Islam

297.03 C198ei

Designed to meet the demand for accurate information about Islam, particularly with regard to its place in the contemporary world.

Dardess, George

Meeting Islam

297.0882 D216m

Part of a series that discusses how other faiths inform Christian thought and prayer.

Heiligman, Deborah

Celebrate Ramadan and Eid Al-Fitr with Praying, Fasting and Charity

(Children's Library) JHoli 297.362 H466c

An illustrated discussion of a complex subject for young people.

Jeffrey, Laura

Celebrate Ramadan

(Children's Library) JHoli297.362 J46c

The history behind this very holy time in the Islamic calendar.

MacMillan, Dianne

Ramadan and Id Al-Fitr

(Children's Library) JHoli 297.36 M167r

An illustrated introduction to this important holiday of the Islamic faith.

Penney, Sue

Islam

(Children's Library) JNF P413i

Part of a series called World Beliefs and Cultures, an informed, thorough look at what it means to be a Muslim.

Tawfiq, Idris

Understanding Islam

297 T234un

A Catholic priest turned Muslim scholar explores the Islamic faith.

Ramadan (on DVD or Video)

DVD 394.2657 R165, also Video 394.2657 R165

Provides a look at the origin, principles and traditions of the Islamic holiday.

Judaism

Franklin, Emily, ed.

How to Spell Chanukah: 18 Writers Celebrate 8 nights of Lights

296.435 H847F

Essays, comedic and poignant, on past Chanukah celebrations.

Broner, E. M.

Bringing Home the Light

296.43 B869br

Personal, poetic and practical suggestions on bringing back ritual and ceremony.

Milgram, Goldie

Reclaiming Judaism as a Spiritual Practice: Holy Days and Shabbat

296.43 M644rj

Create meaningful, satisfying, contemporary Jewish experiences for how you live today.

Wolfson, Ron

Hanukkah: The Family Guide to Spiritual Celebration

296.435 W861h 2nd Ed.

An aid to families striving to learn Jewish customs and traditions.

Hirsh, Jody

Tastes of Jewish Tradition: Recipes, Activities & Stories for the Whole Family

296.43 H669t

Resource book on understanding Judaism rituals and traditions.



Greene, Gloria Kaufer

The New Jewish Holiday Cookbook: An International Collection of Recipes and Customs

641.5676 G799n

Comprehensive collection of recipes, traditional and new.

Pepin, Jacques

Chanukah Celebration (on DVD)

DVDNF 641.5676 J19

French-inspired Chanukah dinner menu.

Bikel, Theodore and Netsky, Hankus (on CD)

A Taste of Chanukah

CDH N471t

CD recorded live at New England Conservatory, featuring over 150 musicians.

Cohen, Erran Baron

Songs In The Key of Hanukkah (on CD)

CDH B26513er

CD of Hanukkah music, some old, some new.

Duskis, Robert and Appel, Bob, compiled 1996 (on CD)

Festival of Light

CDH F418243L

CD of traditional songs by contemporary musicians.

Latino / Hispanic

Anderson, Carl A.

Our Lady of Guadalupe: Mother of the Civilization of Love

232.917 An545o

One of the most influential leaders of the Catholic community in the U.S. recounts the history of Our Lady of Guadalupe.

Brading, D. A.

Mexican Phoenix: Our Lady of Guadalupe

232.917 B799m

Image and tradition across five centuries.

Duncan, Geoffrey

Shine on, Star of Bethlehem: A Worship Resource for Advent, Christmas and Epiphany

242.33 Sh556D

A worship resource.

Dunnington, Jacqueline Orsini

Celebrating Guadalupe

232.917 D924c

Informative text and captivating photographs.



Dunnington, Jacqueline Orsini

Guadalupe: Our Lady of New Mexico

232.917 D924g

Guadalupe remains the primary Marian devotion in New Mexico where her abiding popularity among Catholics - of all ethnicities - has crossed over into mainstream culture.

Leonard, David J

Latino History and Culture: An Encyclopedia

TeenNF 305.868 L357hc Vol. 1&2

People, ideas, culture, and issues that are historical as well as contemporary

O'Neal, Debbie Trafton

Before and after Christmas: Activities and Ideas for Advent and Epiphany

745.5941 On58b

Contains information about the history and traditions of the seasons of Advent, Christmas, and Epiphany, as well as symbols and their meanings, the stories of the seasons, and activities for each day up to Epiphany.

Once on a Barren Hill (on Video)

Video 232.917 On58

Story of Our Lady of Guadalupe who became the patroness of Mexico and the entire western hemisphere.

Trilling, Susana

Seasons of My Heart: A Culinary Journey through Oaxaca, Mexico

641.5972 T829s

Traditional recipes.

Historia Musical: 30 Pegaditas / Liberacion (on CD)

CDP L69523hi

One of a series of popular Mexican music performed in Spanish.

The Music of Mexico (on CD)

CDP W92733mu

Popular songs of Mexican culture.

Native American

Hartz, Paula

Native American Religions

299.7 H338n

Beautifully illustrated, explores the history of the many Native American religious traditions that are devoted to the forces of nature, as few other religions are.

Paper, Jordan

Native North American Religious Traditions: Dancing for Life

299.7 P214na

Introduces Native American religions and rituals in a way that respects the individual traditions as more than local curiosities or exotic rituals, explores the similarities among the traditions.

Way of the Spirit: Nature, Myth, and Magic in Native American Life

299.7 W357

Explores the Native Americans' reverence toward the lands of their birth, life, and death, and the spirits which reside in those lands.

Frank, Lois

Foods of the Southwest: Indian Nations

641.5929 F828f

More than 100 recipes from a tradition that considers every food sacred.

Divina, Fernando

Foods of the Americas: Native Recipes and Traditions

641.5929 D618f

Celebrates the amazing diversity of the original foods of North, Central and South America.

Orthodox/ Russian Orthodox

Fairbairn, Donald

Eastern Orthodoxy Through Western Eyes

281.9 F163ea

Introduces Western Christians to the Eastern Orthodox vision of the Christian life.

Fortescue, Adrian

The Orthodox Eastern Church

281.5 F738o

Part of the classic Eastern Churches Trilogy, which remains the most readable and authoritative sources about the churches to the east of Rome.

Schultze, Sydney

Culture and Customs of Russia

947 Sch387cr

A splendid introduction to the largest country in the world, from earliest history to the breakup of the Soviet Union and beyond.

Kallistos, Bishop of Diokleia

The Orthodox Church

281.9 W227o

Explains the beliefs and worship of the Orthodox today.

Toomre, Joyce Stetson

Classic Russian Cooking: Elena Molokhovets' A Gift to Young Housewives

641.5947 T672c

The gastronomic standard for pre-Revolutionary upper- and middle-class Russian households and a contribution to Russian history.

Volokh, Anne

The Art of Russian Cuisine

641.5947 V887a

Filled with 500 recipes for classic Russian dishes, it also provides a history of Russian food and culinary life.

Famous Orthodox Choirs (on CD)

The Most Beautiful Religious Songs of Russia

CDC M915128br

Glorious Russian choral music from the 15th to the 20th century by the country's most celebrated composers.



Winter Solstice

O'Gaea, Ashleen

Celebrating the Seasons of Life: Samhain to Ostara

299.94 Og34c

Lore, Rituals, activities, and symbols.

Matthews, John

The Winter Solstice: The Sacred Traditions of Christmas

394.261 M439w

Celebrations in keeping with the heartfelt spirit of the original Winter Solstice festivals.



Compiled by the History & Humanities Division, Akron-Summit County Public Library

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