

Library Events for Adults

Green Branch Library SUMMER 2016

Library Closings: July 04, Independence Day

MIND, BODY & SOLE

ON YOUR MARK, GET SET...READ! JUNE 6-JULY 30, 2016

Mind, Body & Sole is a reading/wellness experience for the whole family to enjoy.

How the program works:

1. Fill out a registration card at your library and receive your reading and exercise log and program flyer.
2. Read today! Check off a box on your reading log. You will win a prize, or be entered into a prize drawing, at each of these reading milestones: 10 days, 26 days, 40 days, and 50 days.
3. Choose to live active also! Record each day you participate in a movement activity—running, walking, bicycling, yoga, gardening, outside play, physical therapy, and more—on your exercise log. When you have reached 26 days of exercise AND 26 days of reading, you will receive a Mind, Body & Sole T-shirt. Fill out the entry form at the bottom of your exercise log to also be entered into our end-of-summer **Grand Prize Drawing to be held August 15.**



*Find out more at www.akronlibrary.org
or contact your local library.*



Adult Programs

Strategies for a Sustainable Income in Retirement

Thursday, June 2, 2 pm
Presented by Scott Haley,
Certified Financial
Planner. Please register
in advance for this
program.



- **Have a Laugh
for the Health of It**
- **Monday, June 6, 6:30 pm**
- Lorie Lerner RN from Visiting Nurse
Service will present this program that
will define the history of therapeutic
humor, identify the benefits of humor
and distinguish between appropriate and
inappropriate uses of humor.

- **How to Green Your
Cleaning Routine**
- **Thursday, June 9, 6:30 pm**

Let's talk about making your own
cleaners with items from your pantry
that work just as well and smell better
than the chemicals used in store-bought
cleaners.

- **KV-63: What the Objects
Tell Us, And Nefertiti:
Sorting Myth from Reality
(Part II)**
- **Monday, June 13, 6:30 pm**
- Presented by Professor Emeritus Earl
Ertman from the University of Akron.

- **Bigfoot in Ohio**
- **Saturday, June 18, 1:30 pm**
- Marc DeWerth
from the Bigfoot
Field Researchers
Organization will
present a lecture with
displays and show a
short video.



Green Branch Library Summer 2016



Chalkboard Frame Craft

Thursday, June 30, 6:30 pm

Create a chalkboard frame, using Blackboard Sticker paper to decorate any room. Please register in advance for this program.

Wellness through the Senses, the Power of Meditation

Thursday, July 14, 6:30 pm

Presented by Lorie Lerner RN, Visiting Nurse Services will help you gain an understanding of the five senses, use practical advice regarding the five senses to provide a sense of wellbeing, and understand the impact of daily stressors and the ability to combat stressors through wellness methods.

digital downloads

Power up

e-books · audiobooks
e-magazines · databases



Your LIBRARY
Value In Every Character

Computer Classes

Monday, July 18, 6 pm: Kindles

Thursday, July 21, 6 pm:

Ipads & Beyond

Friday, July 22, 2 pm:

Introduction to Androids

Saturday, July 23, 10:30 am:

Open Lab for Devices

Basics of Thrift Shopping

Wednesday, July 27, 6:30 pm

Dina Younis will present a fun and lively presentation on how to become a better thrifter, find the best deals, replicate your favorite celebrity outfits, and decorate your house on a budget by navigating a thrift store and understanding tagging systems. Please register in advance for this program.

Investing Basics

Thursday, July 28, 6:30 pm

Presented by Scott Haley, Certified Financial Planner. Please register in advance for this program.

The Many Faces of Bond

Monday, August 8, 6:30 pm

Presented by Bill Brauning, popular culture historian.

There have been many faces of James Bond **007** since the first 007 film in 1962. We will see each one and their rise and fall from fame with this highly popular film character.

Cookbook Club

Wednesdays, June 8, July 13,

August 10, 6:30 pm

Love reading cookbooks and sampling recipes? Then join us each month as we pick a theme and prepare dishes to share. Check out our library display for each month's theme and cookbooks, or use your own recipes. Enjoy some good food, discussion and fun.



Afternoon Book Discussion

Tuesdays, 1 pm

June 14: TO KILL A MOCKINGBIRD
by Harper Lee

July 12: THE OBITUARY WRITER
by Ann Hood

August 9: MRS. LINCOLN'S
DRESSMAKER by Jennifer Chiaverini

Evening Book Discussion

Tuesdays, 6 pm

June 21: A SMALL INDISCRETION
by Denise Rudberg

July 19: THE TOURNAMENT
by Matthew Reilly

August 16: MY GRANDMOTHER
ASKED ME TO TELL YOU SHE'S
SORRY by Fredrik Backman

Classic Book and Film Discussion

Dessert and Discussion for Teens and Adults

Tuesdays, 7 pm

June 21: ZORRO by Isabel Allende

July 19: A ROOM WITH A VIEW
by E.M. Forster

August 16: A TALE OF TWO CITIES
by Charles Dickens

**Akron-Summit County
Public Library**

330-896-9074

Green Branch Library
4046 Massillon Rd., Uniontown, Ohio 44685
www.akronlibrary.org



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