

# Library Events for Adults

Green Branch Library

## Summer 2015



# MIND, BODY & SOLE

READ AT YOUR OWN PACE JUNE 8 - AUGUST 8, 2015

Mind, Body & Sole is a reading/wellness experience for the whole family to enjoy.



### How the program works:

1. Fill out a registration card at your library and receive your reading and exercise log and program flyer.
2. Read 30 minutes today. Check off a box on your reading log.  
You will win a prize, or be entered into a prize drawing, at each of these reading milestones: 10 days, 26 days, 40 days, 50 days, and 60 days.
3. Choose to be active also! Run/walk 26 miles (or 52,000 pedometer steps), record your accomplishment on your exercise log, AND read 26 days and you will receive a Mind, Body & Sole T-shirt. Fill out the entry form at the bottom of your exercise log to also be entered into our end-of-summer Grand Prize Drawing to be held August 24. (If a pedometer cannot record your movement activity, log ½ hour of activity as one mile.)

Find out more at [mbs.akronlibrary.org](http://mbs.akronlibrary.org)  
or contact your local library.



## Adult Programs

### Summit Metro Parks Trails

Monday, June 1, 2 pm

Presented by the Summit Metro Parks. For more information about their parks and trails, please visit <http://www.summitmetroparks.org/ParksAndTrails.aspx>.



### Author Talk: Kathy Long

Monday, June 8, 6:30 pm

Local author Kathryn Long discusses her latest novel; a romantic suspense entitled A DEADLY DEED GROWS. Kathryn is a retired teacher of the Green School District and a resident of Green. A book signing and a giveaway will follow the question and answer session.

### Cookbook Club

Tuesdays, June 9, July 14, August 11, 6:30 pm

Love reading cookbooks and sampling recipes? Then join us each month as we pick a theme and prepare dishes to share. Check out our library display for each month's theme and cookbooks, or use your own recipes. Enjoy some good food, discussion and fun.

### Challenges with Hearing & Its Effect on Families

Tuesday, June 23, 6:30 pm

We will discuss how devastating hearing loss is to the communication process, ways to cope, how to achieve communication competency and possible solutions. The presentation will last 20-30 minutes. Hearing screenings will be available for those interested. Light refreshments will be served.



# Green Branch Library

## Summer 2015



### Craftapalooza: Americana Style

Thursday, July 2, 6:30 pm

We will provide lots of Americana craft material, and you can make anything you like out of it! Please register in advance for this program.

### Medicine and Surgery During the War of 1812

Monday, July 6, 6:30 pm

Presented by Sharon Myers, President of the William Wetmore Chapter of the Daughters of 1812. The typical soldier did not die of bullets during the War of 1812, but rather from germs. Infectious disease was the #1 killer. Learn how surgeon's mate, Usher Parsons, single-handedly dealt with all the injuries of the men from the Battle of Lake Erie. His case mortality was a little more than 3% - the mortality rate during the Korean War was 2.5%. This PowerPoint presentation also includes information on physicians from Summit County during the War of 1812.

### Computer Classes

Monday, July 13, 6 pm Word 1

Tuesday, July 14, 10:30 am Kindles

Thursday, July 16, 6 pm Word 2

Saturday, July 18, 10:30 am Open Lab



### Probiotics

Thursday, July 23, 7 pm

Chris Paxos, a Pharmacotherapy Specialist from Akron General Medical Center, will provide basic information on the benefits of probiotics. Please register in advance for this program.

### Art by Marla

Tuesday, August 4, 6:30 pm

Local artist Marla Knapic-Derga will teach you how to create a summer scene on a vase. All supplies are provided. Please register in advance for this program.

### The Golden Age of Restaurants in Summit County

Monday, August 10, 6:30 pm

Presented by Sharon Myers, President of the William Wetmore Chapter of the Daughters of 1812. Take a walk down memory lane during the 50s, 60s and 70s when Akron was the place that out-of-towners came to eat! The days of Themely's, Yanko's, The Embers, Marcel's, Iacomini's and more!



### Afternoon Book Discussion

Tuesdays, 1 pm

June 9 THE LAST RUNAWAY by Tracy Chevalier

July 14 THE RETURNED by Jason Mott

August 11 WILD: FROM LOST TO FOUND ON THE PACIFIC CREST TRAIL by Cheryl Strayed

### Evening Book Discussion

Tuesdays, 6 pm

June 16 WILD: FROM LOST TO FOUND ON THE PACIFIC CREST TRAIL by Cheryl Strayed

July 21 SERENA by Ron Rash

August 18 AT THE WATER'S EDGE by Sara Gruen

### Classic Book and Film Discussion

### Dessert and Discussion for

### Teens and Adults

Tuesdays, 7 pm

June 16 EAST OF EDEN by John Steinbeck

July 21 SHORT STORIES by Ernest Hemingway

August 18 ETHAN FROME by Edith Wharton

Akron Mini  
Maker Faire® 

Call for Makers July 13 - August 22  
Apply to be a Maker at  
[www.makerfaireakron.com](http://www.makerfaireakron.com)



330-896-9074

Green Branch Library  
4046 Massillon Rd., Uniontown, Ohio 44685  
[www.akronlibrary.org](http://www.akronlibrary.org)

