

# Library Events



## Green Branch Library Summer 2014



# MIND, BODY & SOLE

READ AT YOUR OWN PACE JUNE 9 - AUGUST 30, 2014

Mind, Body & Sole is a reading/wellness experience for the whole family to enjoy.



### How the program works:

1. Fill out a registration card at your library and receive your free goodie bag, including your reading and exercise logs.
2. Read 30 minutes today. Check off the date on your reading log. You will win a prize, or be entered into a prize drawing, at each of these reading milestones: 10 days, 26 days, 40 days, 50 days, 60 days, 70 days, and 80+ days.
3. Choose to be active also! Run/walk 26 miles (or 52,000 pedometer steps), record your accomplishment on your exercise log, AND read 26 days and you will receive a Mind, Body & Sole T-shirt. Fill out the entry form at the bottom of your exercise log to also be entered into our end-of-summer Grand Prize Drawing to be held at the Library's 140th Anniversary Celebration on September 13. (If a pedometer cannot record your movement activity, log ½ hour of activity as one mile.)

Find out more at [mbs.akronlibrary.org](http://mbs.akronlibrary.org)  
or contact your local library.



## Adult Programs

### Cut It Out: Coupon Club

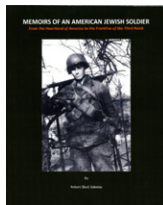
Thursdays, June 5, July 3, August 7, 6:30 pm

Clip coupons and swap 'til you drop! Exchange unwanted coupons for those you need. Discuss deals and share tips!

### World War II

Saturday, June 7, 10:30 am

Presented by World War II veteran and author Robert Sabetay. Mr. Sabetay will discuss his experiences during World War II. He will also discuss his book MEMOIRS OF AN AMERICAN JEWISH SOLDIER. This book will be available for purchase.



### Culinary Tourism: A Recipe for Adventure

Tuesday, June 10, 6:30 pm

Kick off summer with a special program presented by our Cookbook Club. Barb Abbott, owner of Canton Food Tours, will explain the rise of culinary tourism across the U.S. and in Ohio, what it took to develop Canton Food tours, and an inside look at chefs and restaurant owners, as well as current food and restaurant trends. Refreshments will be served.

### Food For Thought – A Cookbook Club

Tuesdays, June 10, July 8, August 12, 6:30 pm

Love reading cookbooks and sampling recipes? Then join us each month as we pick a different chef or theme and prepare recipes from the cookbooks to share with the group. After sampling the dishes, we will discuss the chef or theme and the recipes. Anyone can join, and all you need to do is bring your prepared dish. There will be a microwave for re-heating, if necessary. Pick up each month's cookbooks from our display, and get ready to have some fun and FOOD FOR THOUGHT.

*Continued on back...*

# Green Branch Library Summer 2014



## Getting Started in Family History

**Saturday, June 14, 10:30 am**

Are you interested in discovering your family's history or tracing your genealogy? The Special Collections Division is pleased to offer an orientation session for new family historians. Each session will include an overview of the resources available at the Akron-Summit County Public Library, suggestions for getting started and tips for organizing your research.

## Composting

**Monday, June 16, 6:30 pm**

This introduction to composting will be presented by Vince Matlock from Summit County Master Gardeners.

## The Basics: Memory Loss, Dementia and Alzheimer's Disease

**Thursday, June 19, 6:30 pm**

Learn the basics of Alzheimer's and how it may differ from other types of dementia or memory loss conditions. Additional topics covered include: risk factors, diagnosis, stages and treatments. Presented by Kaylene Way, the Education Coordinator for the Alzheimer's Association, Greater East Ohio Area Chapter.



## Zinio Demo

**Saturday, June 21, 11 am**

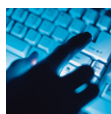
Did you know that our Zinio Digital Newstand Platform offers you full digital copies of your favorite magazines which you can view on your computer or mobile device for free? Join us to learn how!

## Computer Classes

**Tuesday, July 15, 6 pm** Google Drive, Part 1

**Thursday, July 17, 6 pm** Google Drive, Part 2

**Saturday, July 19, 10:30 am** Introduction to Computers



## Yoga

**Monday, July 21, 6:30 pm**

Presented by Lisa Kelleman-McClain, CPT from Build a Body Personal Training, and LLC. Please register in advance.

## World War I

**Monday, July 28, 6:30 pm**

Presented by Ralph Menning, Ph.D., Assistant History Professor from Kent State University Stark Campus. Dr. Menning will give his presentation titled: July 1914: Who Did What to Whom and Why It Mattered Long After: 100 Years of Controversy over the Outbreak of the First World War.

## WWI Discovery Trunk

**July 28 – August 1**

It's the 100<sup>th</sup> Anniversary of the beginning of World War I. View the Summit County Historical Society's trunk on the first total industrial war. Included in the trunk is the equipment from real soldier's experiences – such as helmets, gas mask, mess kit, and censored letters from "over there." Visualize what it was like to spend time in the trenches.



## Release Yoga

**Monday, August 18, 6:30 pm**

Learn all the muscle-relaxing, mind-calming, feel-good benefits of yoga from a Certified Yoga Instructor from Release Yoga in Green, Ohio! The instructor will go over the basics of Vinyasa Yoga, teach you simple moves you can incorporate into your everyday life, and help you gain a better understanding of what yoga can do for your mind, body and soul. You can visit [www.releaseyoga.com](http://www.releaseyoga.com) to learn more before our session. Namaste!



## War of 1812 in Summit County

**Monday, August 25, 6:30 pm**

Presented by Sharon Myers, President of the William Wetmore Chapter Daughters of 1812 in Summit County. Celebrating the Bicentennial of the War of 1812, learn about Summit County's involvement in the War of 1812, the controversies surround the location of Camp Wadsworth, and whether or not gunboats built in Summit County were used in the Battle of Lake Erie. Also included is a brief video about the Battle of Lake Erie and Commodore Perry.

## Afternoon Book Discussion

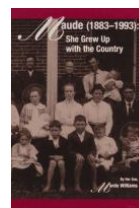
**Tuesdays, 1 pm**

**June 10:**

**MAUDE(1883-1993): SHE GREW UP WITH THE COUNTRY** by Mardo Williams

**July 8:** **THE GLASS ROOM** by Simon Mawer

**August 12:** **PHILOMENA: A MOTHER, HER SON, AND A FIFTY-YEAR SEARCH** by Martin Sixsmith



## Evening Book Discussion

**Tuesdays, 6 pm**

**June 17:** **THE BOOK OF LOST FRAGRANCES**

by M.J. Rose

**July 15:** **ZEITOUN** by Dave Eggers

**August 19:** **TELEGRAPH AVENUE** by Michael Chabon



330-896-9074

Green Branch Library  
4046 Massillon Rd., Uniontown, Ohio 44685  
[www.akronlibrary.org](http://www.akronlibrary.org)

*Interpretive services are available.  
Please inquire.*

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