



Memory Fitness Matters: What You Need to Know

Wednesday, April 7, 1 pm

- Spend a lot of time looking for misplaced items?
- Forgot why you went into a room?
- Have trouble thinking of a specific word?
- Can't recall a person's name?
- Lose your train of thought?

Want to learn more effective memory strategies?

Interested in developing a good brain workout?

Join Kathryn Kilpatrick, Memory Fitness Specialist, for an interesting, inspirational and informative program.

Registration is required.

Co-sponsored by Home Instead Senior Care

*Interpretive services are available.
Please inquire.*

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330-896-9074

**Akron-Summit County
Public Library**

Green Branch Library
4046 Massillon Rd., Uniontown, Ohio 44685
www.akronlibrary.org