

# Library Events for Adults

Branch Hours:  
Monday – Thursday 10 am – 8 pm  
Friday 12 – 6 pm  
Saturday 10 am – 5 pm

Fairlawn-Bath Branch Library

## SUMMER 2018



**Library Closings:** July 4, Independence Day

# MIND, BODY & SOLE

## LIBRARIES ROCK! JUNE 4-JULY 28, 2018

Mind, Body & Sole is a reading/wellness experience for the whole family to enjoy.



### How the program works:

1. Fill out a registration card at your library and receive your reading and exercise log and program flyer.
2. Read today! Check off a box on your reading log. You will win a prize, or be entered into a prize drawing, at each of these reading milestones: 10 days, 26 days, 40 days, and 50 days.
3. Choose to live active also! Record each day you participate in a movement activity—running, walking, bicycling, yoga, gardening, outside play, physical therapy, and more—on your exercise log. When you have reached 26 days of exercise AND 26 days of reading, you will receive a Mind, Body & Sole T-shirt. Fill out the entry form at the bottom of your exercise log to also be entered into our end-of-summer Grand Prize Drawing.

*Find out more at [www.akronlibrary.org](http://www.akronlibrary.org) or contact your local library.*



## Adult Programs

### Creating Delicious Dog Treats

**Thursday, June 7, 6:30 pm**

For the love of pooches! Join in on the fun as we make simple and yummy dog treats for that special pooch in your life. You can take them home for your own pooch or give them to your local dog shelter to share with pooches looking for a forever home. We'll take care of all the supplies needed to make the treats, just bring yourself and your friends! Please stop by the library or call 330-666-4888 to register. Registration begins Monday, May 14.

### Eyes on the Skies

**Thursday, June 14, 6:30 pm**

- John Shulan from the Summit County Astronomy Club gives a presentation on basic astronomy and discusses the new Fairlawn Rotary Observatory located in the Bath Nature Preserve. Learn about the wonders of our universe and the brand new five-telescope observatory right here in Akron!

### Invest in Your Child's Future

**Thursday, June 21, 6:30 pm**

- College graduates earn 68% more than high school graduates, while experiencing lower unemployment. This program will compare the different ways to pay for college that could save you money. Learn about 529, Coverdale and UTMA Plans, tax-deferred growth, estate planning, tax-free withdrawals, gifting, and account owner control.

### How to Spot and Stop a Scam

**Thursday, June 28, 6:30 pm**

- Daisha Dancy of the Summit County Office of Consumer Affairs talks about the various types of financial scams that people, especially seniors, often fall victim to. She will provide information on how to avoid these scams, knowledge on what the scammers can and can't say, and how to identify a scam.





## Hiking the Buckeye Trail

Thursday, July 12, 6 pm

Chuck and Beth Hewett discuss their book *Wandering Ohio: A Buckeye Trail Thru-Hike*. Their 76-day, 1400-mile trek included canals, Native American ceremonial grounds, museums, and interesting Bed and Breakfasts. The book will be available for purchase and a book signing will follow the presentation.

## Apple Phone/Tablet – Demo

Thursday, July 19, 6 pm

Get a front row seat for a tour of the Apple operating system. Learn about Settings, App Store, the camera, and more. Bring some questions of your own, too.



## Android Phone/Tablet – Demo

Thursday, July 26, 6 pm

Get a front row seat for a tour of the Android operating system. Learn about Settings, Play Store, the camera, and more. Bring some questions of your own, too.

## Arabic Culinary Demonstration

Thursday, August 2, 6 pm

Arabic cultural expert Alia Almashni presents an interactive program on healthy Middle Eastern snacks and demonstrates how to prepare a delicious recipe from scratch. Attendees will be able to participate in the making of a classic Middle Eastern dish such as hummus or baba ganoush and sample the results.



## Irving Berlin and the Great American Songbook

Thursday, August 9, 6:30 pm

Local expert Gene Kiefer delivers a multimedia presentation on American composer and lyricist Irving Berlin. Widely considered one of the greatest songwriters in American history, Irving Berlin created music that forms a large part of the Great American songbook.

## Ready to Retire

Thursday, August 23, 6:30 pm

Whether you're retiring now or a few years down the road, make sure you're on track to live the retirement of your dreams. No matter where you are in your retirement planning, armed with this simple yet powerful information, you can learn how to avoid the mistakes made by so many others. Learn about Social Security planning, when to draw down, traditional IRAs vs. Roth IRAs, federal and state retirement vs. Social Security, and 401K planning.

## The World Within: C. G. Jung in His Own Words -

### A Documentary Film

Saturday, August 25, 1:30 pm

The Swiss Psychiatrist, scholar, and founder of Analytical Psychology, Carl Jung, spent a lifetime exploring the profound truths contained in dreams and other expressions emanating from the "world within" all of us. Join Jungian trained writer and musician David Palomo, MA, and local Jungian Psychotherapist, John Troyer, MA, as they host a showing of the film with discussion following, to learn about the remarkable discoveries made by this seminal figure in the study of the human psyche.

## Adult Coloring

Thursdays, June 21, July 19, August 16, 1 pm

Take a break from your busy day and visit the library to relax and de-stress. Coloring pages, colored pencils, and refreshments will be provided. These programs are sponsored by the Friends of the Fairlawn-Bath Branch Library.

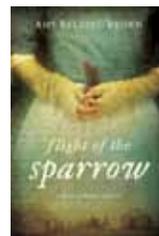
## Anything Goes Book Discussion

Join us the second Monday of each month, 1 pm

June 11: *Flight of the Sparrow* by Amy Belding Brown

July 9: *The Ship of Brides* by JoJo Moyes

August 13: *The Ringmaster's Wife* by Kristy Cambron



## Friends of the Fairlawn-Bath Branch Library Book Sales

Saturday, July 14, 10 am-3 pm

Saturday, August 18, 10 am-3 pm



**Akron-Summit County  
Public Library**

330-666-4888

Fairlawn-Bath Branch Library  
3101 Smith Road, Akron, Ohio 44333  
[www.akronlibrary.org](http://www.akronlibrary.org)

