

# Library Events for Adults

Fairlawn-Bath Branch Library

## SUMMER 2016



**Library Closings:** July 4, Independence Day

# MIND, BODY & SOLE

ON YOUR MARK, GET SET...READ! JUNE 6-JULY 30, 2016

Mind, Body & Sole is a reading/wellness experience for the whole family to enjoy.

### How the program works:

1. Fill out a registration card at your library and receive your reading and exercise log and program flyer.
2. Read today! Check off a box on your reading log. You will win a prize, or be entered into a prize drawing, at each of these reading milestones: 10 days, 26 days, 40 days, and 50 days.
3. Choose to live active also! Record each day you participate in a movement activity—running, walking, bicycling, yoga, gardening, outside play, physical therapy, and more—on your exercise log. When you have reached 26 days of exercise AND 26 days of reading, you will receive a Mind, Body & Sole T-shirt. Fill out the entry form at the bottom of your exercise log to also be entered into our end-of-summer **Grand Prize Drawing to be held August 15.**



Find out more at [www.akronlibrary.org](http://www.akronlibrary.org)  
or contact your local library.



## Adult Programs

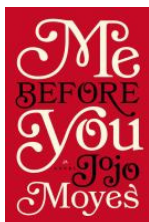
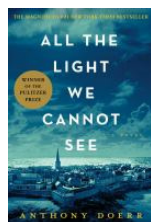
### Anything Goes Book Discussion

Join us the second Monday of each month, 1 pm

**June 13:** ALL THE LIGHT WE CANNOT SEE by Anthony Doerr

**July 11:** DEFENDING JACOB by William Landay

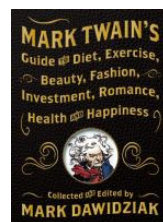
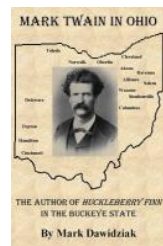
**August 8:** ME BEFORE YOU by Jojo Moyes



### A Visit with Mark Twain

Thursday, June 16, 6 pm

While Mr. Twain has eagerly agreed to appear at the Fairlawn-Bath Branch Library, he has refused to give a specific description of his presentation. There's every good chance he will talk about doctors and politicians, cigars and compliments, health and happiness. The meeting room doors open at 5:30 pm. The trouble begins at 6 pm. Note: An acclaimed Mark Twain scholar and impersonator, Mark Dawidziak, will be signing copies of his two new books: *Mark Twain's Guide to Diet, Exercise, Beauty, Fashion, Investment, Romance, Health and Happiness* and *Mark Twain In Ohio*, after the performance.



# Fairlawn-Bath Branch Library Summer 2016



## Introduction to Yoga: A Two-Part Program

Have you ever wondered what yoga is and how it works? Now is the time to try it! A certified yoga instructor will introduce you to a personal yoga practice in this two-part series. Participants should bring their own yoga mats & wear comfortable clothing. No previous experience required; all levels welcome. Ages 13 & up. Registration begins May 31. These programs are sponsored by the Friends of the Fairlawn-Bath Branch Library.



**Part 1 - Posture Basics: Getting to Know Yourself Through Yoga Postures**  
Thursday, June 23, 6 pm

**Part 2 - Postures and Meditation: Bringing Stillness into Your Life**  
Thursday, July 21, 6 pm

## Coloring for Adults

Thursdays, July 14, 28, August 11, 2 pm & 6 pm  
Experience the latest trend in relaxation, adult coloring books! Also, try your hand at our new dot-to-dot books for adults, as well! This program is sponsored by the Friends of Fairlawn-Bath Library.



## Master-Inspired Art Workshop: Edgar Degas' *Dancers in Blue*

Thursday, August 4, 5:30 pm  
Art Historian Felicia Zavarella Stadelman presents an interactive art program in which you will not only learn about the featured classic artist, but also create art inspired by their work. We will recreate Degas' *Dancers in Blue*. This masterpiece will be created in chalk pastel. Please note the special time. Registration begins July 13.



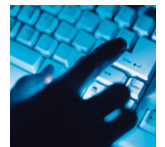
## Pinterest Craft Workshop

Wednesday, August 10, 1:30-3 pm  
We will pick a project from Pinterest and show you how to make it.



## Computer Training

Monday, June 27, 6 pm MS Excel, Part 4  
Tuesday, June 28, 6 pm MS Excel, Part 5  
Wednesday, June 29, 6 pm MS Excel, Part 6  
Thursday, June 30, 6 pm Practical Application Project (Practical application of the skills you've learned in class)



## Friends of Fairlawn-Bath Library Mini Book Sales

Saturday, June 18, 10 am – 3 pm  
Saturday, July 16, 10 am – 3 pm  
Saturday, August 20, 10 am – 3 pm



330-666-4888



# Akron-Summit County Public Library

Fairlawn-Bath Branch Library  
3101 Smith Road, Akron, Ohio 44333  
[www.akronlibrary.org](http://www.akronlibrary.org)

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