

Library Events for Adults

Fairlawn-Bath Branch Library

Summer 2015



MIND, BODY & SOLE

READ AT YOUR OWN PACE JUNE 8 - AUGUST 8, 2015

Mind, Body & Sole is a reading/wellness experience for the whole family to enjoy.



How the program works:

1. Fill out a registration card at your library and receive your reading and exercise log and program flyer.
2. Read 30 minutes today. Check off a box on your reading log.
You will win a prize, or be entered into a prize drawing, at each of these reading milestones: 10 days, 26 days, 40 days, 50 days, and 60 days.
3. Choose to be active also! Run/walk 26 miles (or 52,000 pedometer steps), record your accomplishment on your exercise log, AND read 26 days and you will receive a Mind, Body & Sole T-shirt. Fill out the entry form at the bottom of your exercise log to also be entered into our end-of-summer Grand Prize Drawing to be held August 24. (If a pedometer cannot record your movement activity, log ½ hour of activity as one mile.)

Find out more at mbs.akronlibrary.org
or contact your local library.



Adult Programs

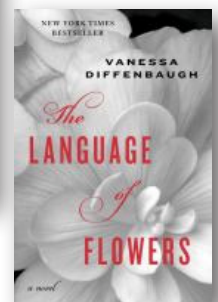
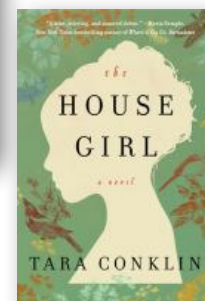
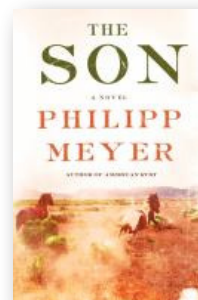
Anything Goes Book Discussion.

Join us the second Monday of each month, 1 pm

June 8 *The Son* by Philipp Meyer

July 13 *The House Girl* by Tara Conklin

August 10 *The Language of Flowers* by Vanessa Diffenbaugh



Continued on back...

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Memory Cafe: An Early Stage Dementia Program

Thursdays, June 11, July 9, August 13, 1 pm

Memory Cafe will offer a relaxing and comfortable way for people living in the early stages of memory loss to build a social network and connect with like individuals in their own community. Meaningful social and educational activities will promote social interaction, companionship, and learning.



Memory Cafe is a collaboration between The Alzheimer's Association Greater East Ohio Area Chapter and the Akron-Summit County Public Library. Advance registration is requested. To register, please contact the Alzheimer's Association at 1-800-272-3900.

Peace of Mind Legal Series – Linda Ulinski

Thursdays, 6 pm
June 4 Real Estate
Transactions

July 2 Probate Estate Administration

August 6 Asset Registration



Essential Oils 101

Thursday, June 25, 6 pm

Learn all about essential oils what they are and how to use them in your everyday life. Presented by Sheila Davis.



Computer Training

Wednesday, June 10, 2 pm

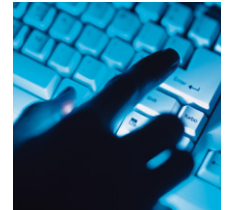
Digital Cameras

Thursday, June 11, 6 pm

Windows 8

Friday, June 12, 2 pm

Tablets



Afternoon at the Movies, 1 pm

Monday, June 22 Unbroken

Thursday, July 30 Some Like It Hot

Thursday, August 20 To be announced



Friends of the Library

Book Sales

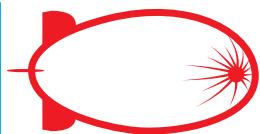
Monday, June 15, 10 am - 3 pm

Saturday, July 18, 10 am - 3 pm

Monday, August 17, 10 am - 3 pm



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**Akron-Summit County
Public Library**

Fairlawn-Bath Branch Library
3101 Smith Road, Akron, Ohio 44333
www.akronlibrary.org



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