

Water Your Mind **READ**

Adult Programs This Summer! Fairlawn-Bath Branch Library



SUMMER READING IS FOR ADULTS TOO! Prizes! Prizes! Prizes! Win! Win! Win!

How the program works:

1. Check out a book from your Library and read it!
2. Come to your Library and fill out a card to join the fun.
3. June 7 - July 31, fill out an entry slip for the weekly prize drawings.
4. Don't forget: programs for all ages will keep your family busy all summer.

Register in the Adult Summer Reading Program and receive a free goodie bag. Then for each book you read, complete a purple entry slip for our weekly prize drawings.

You may be a winner!



330-666-4888

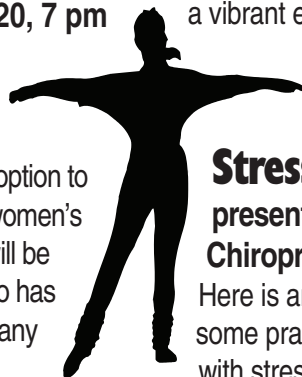
Akron-Summit County Public Library

Fairlawn-Bath Branch Library
3101 Smith Road, Akron, Ohio 44333
www.akronlibrary.org

A SUMMER OF GOOD HEALTH Join us in a series of programs to help improve your physical and mental well-being.

**Wednesdays,
May 19, June 16, July 21, 6-8 pm**
**Podiatrist, Dr. Felicia
A. Johnson, DPM,** offers a series of programs aimed at maintaining healthy foot care. She specifically is interested in helping those with diabetes to educate them on importance of taking preventative steps to help maintain their health. These programs will include screenings and educational information. No sign up is required.

Thursdays, May 6, 13, 20, 7 pm
**Join us for a
free series of
yoga classes** with an option to make a donation to a local women's organization. The classes will be taught by Gina Stankard who has been teaching classes for many years and brings with her a wonderful sense of the history and cleansing properties of yoga.



June 24, 6:30 pm
Straighten Up America
presented by the Minorik
Chiropractic Center
Come in for an educational and fun presentation on how fitness can be incorporated in a busy lifestyle. The Minorik Chiropractic Center will show you how to stabilize your core muscles, enhance spinal and neurological health, and improve your overall posture. Families are welcome to attend to help make these practices a daily part of a vibrant empowering lifestyle for the whole family.

July 15, 6:30 pm
Stress Management
presented by the Minorik
Chiropractic Center
Here is an excellent opportunity to gain some practical education on dealing with stress while having a good time. The Minorik Chiropractic Center offers a humorous and useful presentation

on relieving stress. The presentation includes the 3 main types of stress and how they affect you both at home and in your workplace.

May 12 at 6:30 pm **Creating
Health and Prosperity**
with Team Northrup presented by
Gina Stankard

Team Northrup is a group of predominantly women entrepreneurs who have been inspired by Dr. Christiane Northrup's work. She focuses on a practical business model to cultivate optimal physical health, financial freedom and personal growth. "Team Northrup is a business and personal growth opportunity for individuals who believe in the power of the mind/body/spirit connection, who are highly motivated, who want to attract more prosperity in their lives.." – Christine Northrup, M.D.

See reverse side for more programming details



ARTS AND CRAFTS:

Fairlawn-Bath Branch Knitting Club

Third Mondays, 6 pm

Calling all knitters! Network with others who share your enthusiasm for all things yarn! Bring a project that you are currently working on. All skill levels welcome.

No sign up required.

June 21, July 19, August 16

Fairlawn-Bath Branch Rug Hooking Club

Fourth Wednesdays, 6 pm

Attention all fans of rug hooking! Are you currently working on a project and want to network with other enthusiasts? Then this is the group for you! No sign up required. Please note: rug hooking is not the same as latch hooking.

June 23, July 28, August 25

Summertime Craft with Amy and Emily

Wednesday, June 9, 6:30 pm

Our special guest instructors are back for another fantastic, fun-filled evening of crafting delights! All materials will be provided by the library.

Sign up begins May 22.



Books are available in advance.
Check with the service desk for details.

Anything Goes Book Discussion

First Mondays, 1 pm

June 7 THE HELP by Kathryn Stockett

No July discussion because of the holiday.

August 2 HOTEL ON THE CORNER OF BITTER AND SWEET by Jamie Ford

Magnificent Mysteries Book Discussion

Fourth Mondays, 1 pm

June 28 BURNING ANGEL by James Lee Burke

July 26 ALEX CROSS'S TRIAL by James Patterson

August 23 THE GOLDEN SPIDERS by Rex Stout

Akron Storytelling Festival Free Adult Workshops
Main Library, Children's Library 60 S. High St., Akron

There Are No Mistakes in Storytelling

Friday, July 23, 9:30–11:30 am

Intended for teachers, librarians and child care providers. Presented by children's author and nationally recognized storyteller Carmen Deedy. Participants will hear stories, share anecdotes and learn skills to use with storytelling, a magnificent teaching tool. For more information, call 330-643-9050.

